

# RECYCLING GUIDE

It's only garbage if you put it there. Did you know that more than half of your household waste can be recycled?

Manitobans are doing a great job recycling, but we can always do more.

**MMSM**  
Multi-Material  
Stewardship Manitoba  
INDUSTRY FUNDING RECYCLING

**BY THE NUMBERS...**

83,200,354 kg



recovered in 2015  
enough to fill Investors  
Group Field 6 feet deep



73 kg

recycled per person,  
about the average  
weight of a medium  
sized man.

## EXAMPLES OF RECYCLABLE ITEMS

These are types of recyclable materials accepted in your recycling program:



Newspapers and flyers



Aluminum food and  
beverage containers



Glass food and beverage  
containers



Steel food and beverage  
containers



PET #1 plastic food and  
beverage containers



Magazines and catalogues



Gable top containers



Boxboard



Paper directories



Residential corrugated  
cardboard



Aseptic packaging



HDPE #2 plastic containers



#4, #5 and #7  
plastic containers



## **RECYCLING TIPS**

- Toss your recyclables loosely into the bins without stuffing containers together.
- When you're recycling paper and boxes, fold and flatten them to save space.
- Save water and time when recycling cans and bottles. You do not have to clean them or remove lids and labels. Just ensure they are empty first!
- Recycling happens in more places than just your kitchen. Remember to recycle in all areas of your home.
- Don't put anything in your recycling bin that your municipality does not accept – check online first at [simplyrecycle.ca](http://simplyrecycle.ca) or at [gilbertplains.com](http://gilbertplains.com).

## **UNACCEPTED MATERIALS**

Please **do not** place any of these items in your blue bins:

- ❌ Aluminum foil, foil pie plates or foil food containers
- ❌ Dishes, ceramics or crystal
- ❌ Electronics
- ❌ Foam packaging of any kind
- ❌ Paint cans or oil cans
- ❌ Paper towels, tissues or napkins
- ❌ Steel pots and pans or scrap materials
- ❌ Wax or foil coated paper
- ❌ Window glass, mirrors or broken glass

### **Multi-Material Stewardship Manitoba**

Suite 200-283 Bannatyne Avenue, Winnipeg, Manitoba R3B 3B2  
(204) 953-2010 ● (877) 952-2010 (Toll Free)

[Simplyrecycle.ca](http://Simplyrecycle.ca)

  
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